

## SNOWFLAKE 5K/10K RACE WALK

### YOUTH/OPEN/MASTERS ENTRY FORM

Host Club: Race Walker's Club of St. Louis (RWCSL)  
Date: Sunday, DECEMBER 10, 2006  
Time: 2:00 P.M.  
Place: Tower Grove Park  
Fee: *FREE TO RWCSL members*; \$5 for non-members

Awards given in order of finish in the following categories:

Youth Boys Youth Girls  
Open men Open women  
Masters Men, Masters Women.

Information available. Contact:

Ginger Mulanax  
730 Bellarmine  
Florissant, MO 63031  
(314) 838-9486  
gmulanax@hotmail.com

### SNOWFLAKE 5K/10K WALK OPEN/MASTERS/YOUTH ENTRY FORM

Make checks payable to the Racewalker's Club of St. Louis (RWCSL).

Send entry fee of \$5 plus entry form or just the form for RWCSL members to:

Sue Turner, 338 Melville, St. Louis, MO 63130

Please fill out the following:

Name \_\_\_\_\_ Birthdate \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ e-mail \_\_\_\_\_

Waiver:

I acknowledge that there are certain risks inherent in athletics competition, and I freely accept those risks. In consideration of being accepted, I, intending to be legally bound, for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims for damages which I may have or which may hereafter accrue to me against the Racewalker's Club of St. Louis, USA Track and Field, Ozark Association, and their officers, agents, successors, and/or assigns for any and all damages which may be sustained or suffered by me in connection with my association with or entry in, or arising out of my traveling to, participating in and returning from said competition. I further attest that I am physically fit and have trained for competition in the event(s) I have entered.

\_\_\_\_\_  
Signature of athlete

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of parent and/or legal guardian if athlete is under 18