

## 2012 Fall Racewalk Series

Youth, Open and Masters

Pattonville High School Track, 2497 Creve Coeur Mill Rd, Maryland Heights, MO 63043

Entry

Host Club: **Racewalker's Club of St. Louis (RWCSL)**

Dates: Sunday, October 7 - 3000M

Sunday, October 14 - Ozark 5000M Track Championship

Sunday, October 21 - 1500M

Sunday, October 28 - 1 Hour Postal

Time: 2:30 p.m.

Place: Pattonville High School Track (The bathrooms may not be open)

Fee: \$24 per athlete for series; or \$6 per event; cost for Racewalkers' Club of St. Louis members is \$16 per athlete for series or \$4 per event

Awards: Weekly ribbons in order of finish; Hodge-podge incentive!!!! Guess!!! On Oct 28 come in costume and add to the spirit of the race

Contact for additional information:

Lorraine Ramonczuk

3156 Autumn Shores Dr.

Maryland Heights, MO 63043

(314) 229-4742 [ramonczuk@sbcglobal.net](mailto:ramonczuk@sbcglobal.net)

Entry Form

Make checks payable to the Racewalker's Club of St. Louis (RWCSL).

Send entry fee and entry form to: Sue Turner, 338 Melville, University City, MO 63130 or bring to first event.

Please fill out the following:

Name \_\_\_\_\_ Birthdate \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ USATF# \_\_\_\_\_ E-mail \_\_\_\_\_

Waiver:

I acknowledge that there are certain risks inherent in athletics competition, and I freely accept those risks. In consideration of being accepted, I, intending to be legally bound, for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims for damages which I may have or which may hereafter accrue to me against the Race Walker's Club of St. Louis, USA Track and Field, Ozark Association, and their officers, agents, successors, and/or assigns for any and all damages which may be sustained or suffered by me in connection with my association with or entry in, or arising out of my traveling to, participating in and returning from said competition. I further attest that I am physically fit and have trained for competition in the event(s) I have entered.

\_\_\_\_\_  
Signature of athlete

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of parent and/or legal guardian if athlete is under 18