

SNOWFLAKE 5K RACE WALK

YOUTH/OPEN/MASTERS ENTRY FORM

Host Club: **Racewalker's Club of St. Louis (RWCSL)**
Date: Sunday, December 9, 2011
Time: 2:30 P.M.
Place: Tilles Park 2399 McKnight Rd 63124
Fee: *FREE TO RWCSL members*: \$5 for non-members

Awards given in order of finish in the following categories:

Youth Boys Youth Girls
Open men Open women
Masters Men, Masters Women.

Information available. Contact:
Lorraine Ramonczuk
3156 Autumn Shores Dr.
Maryland Heights, MO 63043
(314) 229-4742
ramonczuk@sbcglobal.net

SNOWFLAKE 5K WALK OPEN/MASTERS/YOUTH ENTRY FORM

Make checks payable to the Racewalker's Club of St. Louis (RWCSL).
Send entry fee of \$5 plus entry form or just the form for RWCSL members to:
Sue Turner, 338 Melville, St. Louis, MO 63130
Please fill out the following:

Name _____ Birthdate _____

Address _____ City _____ State _____ Zip _____

Phone _____ e-mail _____

Waiver:

I acknowledge that there are certain risks inherent in athletics competition, and I freely accept those risks. In consideration of being accepted, I, intending to be legally bound, for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims for damages which I may have or which may hereafter accrue to me against the Racewalker's Club of St. Louis, USA Track and Field, Ozark Association, and their officers, agents, successors, and/or assigns for any and all damages which may be sustained or suffered by me in connection with my association with or entry in, or arising out of my traveling to, participating in and returning from said competition. I further attest that I am physically fit and have trained for competition in the event(s) I have entered.

Signature of athlete

Date

Signature of parent and/or legal guardian if athlete is under 18