

RWCSL 2009 - October 24th 3000m

NAME	AGE	7	6	5	4	3	2	1	Finish	Place
Alex	Open	.55	3:05	5:17	7:27	9:36	11:44	13:56	16:05	1 st
Jamie	Open	.50	3:04	5:20	7:44	10:08	12:31	14:55	17:00	2 nd
Maurine	W75	1:23	4:22	7:21	10:24	13:33	-	-	-	-
Anna	Open	1:07	3:46	6:30	9:13	11:54	14:38	17:25	19:59	1 st
Lorraine	W55	1:18	4:01	6:50	9:37	12:26	15:17	18:10	21:01	2 nd
Bob	M70	1:15	3:52	6:33	9:12	11:54	14:33	17:11	19:44	1 st
Nancy	W55	1:05	3:35	6:18	8:57	11:36	14:13	16:52	19:24	1 st
Sue	W65	1:52	5:29	9:04	12:31	16:01	19:28	22:56	26:17	1 st
Linda B	W55	1:54	6:07	9:52	13:50	17:56	21:54	25:58	30:26	3 rd
Pam M	W55	1:31	4:42	9:55	11:06	14:17	17:29	20:45	23:45	3 rd
Jim	M35	1:35	4:43	7:56	11:06	14:17	17:29	20:45	23:42	1 st
Vicky T	W45	1:52	5:29	9:04	12:31	16:01	19:30	23:01	26:27	1 st